Tarbiyyah Global Academy
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PSHE POLICY

Personal, social, health and economic education, taught in line with Islam

ACADEMIC YEAR 2026 – 2027

Policy name	PSHE Policy 2026–2027
Applies to	All pupils, parents, staff, trustees and volunteers of Tarbiyyah Global Academy
Policy owner	PSHE Lead
Approved by	Ustadh Abu Zayn Haneef Sandhar, Headteacher
Agreed with	The Chair of Trustees, Tarbiyyah Education Trust
Date of issue	1 September 2026 (version 1.1)
Next review due by	31 August 2027
Basis	Written as a PSHE policy, with no RSE or sex education
Read alongside	Curriculum Policy; Child Protection and Safeguarding Policy; Online Safety and Acceptable Use Policy; Equality, Diversity and Accessibility Policy; Tarbiyyah Compass Character Framework
Availability	Published on the Academy website and Parent Portal. Available in large print or another accessible format on request.

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1. Purpose

Personal, social, health and economic education (PSHE) helps pupils grow into healthy, safe and responsible adults who can form positive relationships and look after their physical and mental health. At Tarbiyyah Global Academy PSHE is taught in every year group, with no RSE or sex education, and is taught within Islamic values — modesty, dignity, marriage as the foundation of family, respect and kindness — so that pupils also understand the law and the society they live in.

2. Legal and Regulatory Context

The Academy has regard to the Equality Act 2010, Keeping Children Safe in Education, and the OEAS standards. All PSHE content is in line with the Qur'an and Sunnah. The PSHE curriculum map is

reviewed before launch.

3. What We Teach

Phase	Content (summary)
Primary (Years 1–6)	Good manners (adab); families and people who care for us; kind friendships; respect for others; online safety; being safe, including body safety (private parts are private; say no, go and tell) and who to tell; health, hygiene and sleep; mental wellbeing. No RSE or sex education.
Secondary (Years 7–11)	PSHE in line with Islam: marriage and family in Islam; modesty (haya); puberty and bulugh and their fiqh, including ghusl and taharah (Year 7); friendships; staying safe online, including image-sharing, grooming and exploitation; mental wellbeing; drugs and alcohol; first aid.

Content on the law — including marriage, equality and online harms — is taught factually and respectfully, without endorsing views contrary to Islam.

4. How We Teach Online

- Lessons are age-appropriate, taught by trained staff, and delivered in a calm, respectful manner.
- From Year 7, haya and modesty, puberty and bulugh and their fiqh are taught to boys and girls separately by trained staff.
- Pupils can ask questions anonymously through a question box in the Student Portal that only the teacher sees.
- Distressing or sensitive disclosures are handled under the Child Protection and Safeguarding Policy.
- All PSHE materials are shared with parents in advance through the Parent Portal.

5. Parents and Teaching Materials

Parents can see all PSHE materials in advance through the Parent Portal and may raise any concern with the Headteacher.

6. Consultation

The Academy consults parents on this policy and on the PSHE curriculum each year, including through an online information session and a feedback form.

7. Monitoring and Review

The PSHE Lead monitors PSHE through lesson drop-ins, pupil voice and parent feedback. The policy is reviewed annually.

Approved by: Ustadh Abu Zayn Haneef Sandhar, Headteacher · Next review due: 31 August 2027 · Tarbiyyah Global Academy · A specialist education, rooted in faith